

# DONATIONS

## YOUR GENEROSITY SAVES LIVES

Thank you for your generous support of The Reviving Hearts Program that will assist CREFI in saving Indiana lives by placing AEDs in high schools around the state.

Please make checks payable to **CREFI** and mail to 8333 Naab Road, Suite 200, Indianapolis, Indiana 46260. For online credit card transactions, please visit [CardioFoundation.org](http://CardioFoundation.org).

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For more information about The Reviving Hearts Program, please visit our website at [CardioFoundation.org](http://CardioFoundation.org).



**THE CARDIOVASCULAR  
RESEARCH & EDUCATION  
FOUNDATION OF INDIANA**

The mission of The Cardiovascular Research & Education Foundation of Indiana (CREFI) is to think beyond the ordinary and advance the field of cardiology through innovative programs in three vital areas: patient care, education and research.

The Reviving Hearts Program goal is to place Automated Electronic Defibrillators (AEDs) into Indiana High Schools. An AED is the first line of patient care someone who is experiencing cardiac arrest may receive. This important initiative is presented by The Care Group and brought to the community by the Cardiovascular Research & Education Foundation of Indiana. The Cardiovascular Research & Education Foundation is a 501c3 not-for-profit.

For more information, to make a donation or to apply for an AED for your high school, please visit [CardioFoundation.org](http://CardioFoundation.org) or contact Margie Fougeron, CREFI Program Director, 8333 Naab Rd, Ste 200, Indianapolis, IN 46260 or (317) 338-6080 or [mfougeron@cardiofoundation.org](mailto:mfougeron@cardiofoundation.org) or Rita DeKlyen at 317-459-7593 or [ritadeklyen@cardiofoundation.org](mailto:ritadeklyen@cardiofoundation.org).

**CardioFoundation.org**

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**SAVING LIVES WITH AEDS**



**THE CARDIOVASCULAR  
RESEARCH & EDUCATION  
FOUNDATION OF INDIANA**

# THE REVIVING HEARTS PROGRAM



Jeffrey A. Olson, DO, Co-Medical Director

## SUDDEN CARDIAC ARREST

(SCA) is the leading cause of death in the US with a death occurring every

two minutes or over 650 SCA-related deaths each day. SCA occurs abruptly and without warning and two-thirds of SCA deaths occur in people without any prior indications of heart disease. To have a chance of surviving, those experiencing SCA must receive a life-saving defibrillation within the first 4-6 minutes when brain damage and death starts to occur. Automated Electronic Defibrillators (AEDs) can increase the survival rate for SCA up to 90% by delivering a shock within the first few minutes of an attack. Ask any family member or parent who has lost a loved one or child from SCA and they will say three letters might have saved their loved one's life...AED.



**Josh McCormick**, a 15-year old at Madison Grant High School, died from Sudden Cardiac Arrest. Josh was a straight-A student who also participated in track, tennis, basketball, and baseball. He went to school for an early morning basketball practice. During warm ups he collapsed and suffered a Sudden Cardiac Arrest.

15-year old **Austin Taber** has a lot to celebrate. In May 2009 this Franklin Township Middle School student experienced a SCA during class and his life was saved by CPR and an AED. "The school, the staff and the AED are the reason Austin will be a freshman next year," said Lisa Tabor, Austin's Mother.

**Andy Williams**, a 29-year old married man with one child, was playing basketball in a church league game. After having heart palpitations, he checked out of the game, took a seat on the player's bench, and then collapsed. Two members of the opposing team started performing CPR and a call was made to 911. After reviving him twice at the gym with the AED, he was stabilized and taken to the hospital when the ambulance arrived.

While these families' stories have different endings, all of them have one passion in common...the support of The Reviving Hearts Program.



Leonard A. Steinberg, MD, Co-Medical Director

## SAVING YOUNG LIVES

Sudden death in children garners much media attention. We all know of children here in Indiana who might be alive today if public access defibrillation had been more readily available. Several studies in prestigious medical journals have documented the dramatic increase in survival when AEDs are available in public settings such as airports, casinos and other highly public places. There is no data on the use of AEDs in schools, yet. This is partially related to the paucity of these devices in our public schools.

This generous gift of AEDs to High Schools from the Cardiovascular Research & Education Foundation of Indiana will help to rectify this problem. AEDs in our schools have the ability to protect those children with known heart disease and those with unsuspected heart disease, our students and school staff, our schools visitors, our athletes, and sports spectators. Though the actual use of AEDs at school may be small compared to other public places, they will be there to protect the most important aspect of our community—our future.