



**WILLIAM K. NASSER, MD,
DINING A LA HEART 20TH ANNUAL FUNDRAISER**

GEORGE'S HUMMUS WITH PITA SLICES

Ingredients

6 cups garbanzo beans, drained, reserve 3 oz. garbanzo bean juice
2 Tbsp. Thai paste
 $\frac{1}{2}$ tsp. salt
2 tsp. minced garlic
2 oz. lemon juice
8 8-inch pita rounds

Directions

Combine all ingredients, except pita bread, in food blender and process until smooth.

Heat pita rounds until warm, slice each round into 6 wedges and serve with hummus.

Yield: 24 serving

Executive Chef Chuck Vinice, George's Neighborhood Grill, Avalon Crossing, 6935 Lake Plaza • Suite B12-B15, Indianapolis 577-1600

Nutrition Information: 240 Calories, 7 gm fat, 3 gm saturated fat, 0 gm trans fat, 55 mg cholesterol, 20 gm carbohydrate, 0 gm fiber, 20 gm protein, 50 mg sodium

**William K. Nasser, MD 20th Annual Dining A La Heart Fundraiser Event
to benefit THE REVIVING HEART PROGRAM**