

## 2010 STUDENT ECHO ATHLETIC SCREENINGS FACT SHEET

### DATES AND TIMES

- Thur. May 27<sup>th</sup> 6 – 8PM
- Tues. July 13<sup>th</sup> 6 – 8PM
- Tues. July 27<sup>th</sup> 6 – 8PM
- Thurs. Oct. 19<sup>th</sup> 6 – 8PM

### LOCATION:

The Care Group 10590 N. Meridian St. 3<sup>rd</sup> Floor, Indianapolis, IN 46290, located on The St. Vincent Heart Center of Indiana Campus. From 1-465 and US 31 (Meridian St.) travel to 106<sup>th</sup> St. stop light. Turn west (left) onto 106<sup>th</sup> St. Turn south (left) at Illinois St. and turn east (left) into The Care Group parking lot.

### REGISTRATION

1. **Your student must register for the screening by calling 338-CARE (2273).**
2. **Your student's DOB and the school your student will be attending in the fall of 2010 will be required when calling to schedule.**
3. Registration confirmation and consent form will be mailed to the students. Students under 18 years old need their parents to sign the consent form. The minimum age for students is student going into 6<sup>th</sup> grade in the fall, 2010.

### PAYMENT

1. Payment of \$20 is due at time of screening. Sorry we cannot accept credit cards. Bring cash or a check (payable to The Care Group) to the screening.

### SCREENING INFORMATION

1. We will have several teams of echocardiography technicians available to perform the echocardiography screening. The results will be read and reviewed by our cardiologist, within 7 – 10 working days after the screening.
2. The screening echocardiogram is to help identify several leading causes of congenital (i.e., from birth), cardiovascular conditions placing athletes at risk for sudden collapse and/or death. The screening echocardiogram is obtained using a 2-dimensional ultrasound machine.
3. Four leading causes of cardiovascular compromise (including sudden death) in young athletes will be sought: **hypertrophic cardiomyopathy** (also known as IHSS, HC HOCM), **Marfan's aorta, mitral valve prolapse and aortic valve stenosis.**
4. While the screening echocardiogram is very helpful in identifying these conditions it is by no means perfect and **DOES NOT REPRESENT THE FULL 2-D echocardiographic/doppler examination.**
5. As the focus of this screening echocardiogram examination is on the above four conditions, other cardiac abnormalities may not be detected or may be missed. Furthermore, obtaining the **screening 2-D** echo at this time **does not preclude** development of other cardiovascular problems in the future.
6. The screening echocardiogram is non-invasive.
7. Female students should not wear sport bras, but may wear bras that are low cut. Gowns will be available if female students need to remove their bra.
8. **Bring/send with your student the signed consent form to the screening.**

### RESULTS

1. Results will be 10 – 14 working days after the screening.
2. The **parent** will receive a letter from The Care Group with the screening results which will be either **normal** or **abnormal**. In the event of abnormal results, parents should follow up with their students' primary care physician who has the complete history of your child.



The Best Outcomes in Cardiology

For questions, call 317-338-6080 or [mfougero@thecaregroup.com](mailto:mfougero@thecaregroup.com)