



THE VASCULAR INSTITUTE
Improving the flow of life

WHO IS AT RISK FOR PERIPHERAL VASCULAR DISEASE?

Millions of Americans have no symptoms of peripheral vascular disease and are not diagnosed or treated. Early detection of vascular disease allows for optimal treatment.

Do you have any of these risk factors?

- Active Smoker
- High Blood Pressure (Controlled or Uncontrolled)
- High Blood Cholesterol
- Diabetes
- Overweight/Obese
- Aching, cramping, pain or heaviness in legs while walking or exercising that goes away at rest
- Numbness or tingling in the leg, foot or toes
- Pain in legs or feet at night
- Ulcers or sores on feet or legs that are slow to heal or don't heal
- Pain or swelling in leg or arm
- Changes in skin temperature
- Changes in skin color (pale, bluish or reddish coloration)
- Blurred vision
- Family history of heart disease
- Family history of vascular disease, including stroke or aneurysm
- Lack of physical activity
- Over the age of 50.

The Vascular Institute offers screenings for PVD.

For more information or to register for a screening, please contact us.

***We are located on The Heart Center of Indiana
campus, 106th and N. Meridian.***

317-583-7900

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in partnership with

