



# WOMENS CARDIAC RISK CLINIC

*...is designed to identify those women who have, or are at risk for heart disease.*

The Women's Cardiac Risk Clinic (WCRC) is a cardiac wellness prevention clinic run by a team of women cardiologists with the goal of preventing the development of heart disease in women. The WCRC consists of two visits at The Care Group office at 10590 N Meridian Street.

At the **FIRST VISIT** you will register and complete Patient Profile forms and have laboratory tests.

#### Patient Profile

- Demographics
- Personal and Family Medical History
- Nutrition Assessment
- Cardiac Risk Assessment

#### Laboratory Tests

- Total Cholesterol
- LDL Cholesterol
- HDL Cholesterol
- Triglycerides
- Blood Sugar
- C-Reactive Protein Blood Level

At the **SECOND VISIT** you will see two members of our WCRC team, a cardiac nurse and one of our female cardiologists. You will complete a **Cardiac Evaluation** that includes a 12-lead electrocardiogram a blood pressure check, a visit with our nurse and a full evaluation by one of our WCRC women cardiologist. She will devise for you a personalized lifestyle modification plan to prevent cardiac problems in the future.

**The cost of the initial WCRC evaluation** is \$150. If the testing from your initial evaluation suggests additional testing is recommended, you will be advised of the costs of those tests. Our WCRC team can help you if you wish to submit these costs to your third party payor.

**Your primary care physician** will receive documentation of your WCRC visit so that you can follow up with them for future care.

**To make an appointment** for the WCRC clinic, please call between 8 – 5 PM, Monday through Friday: (317) 338-6666 and ask for Extension WCRC or (800) 732-1484.

**The WCRC Clinic is located** at The Care Group office, 10590 North Meridian, 2<sup>nd</sup> floor, Indianapolis, IN 46290.

