

## ELECTROCARDIOGRAM (EKG or ECG)



**PATIENT NAME:** \_\_\_\_\_

**APPOINTMENT DATE:** \_\_\_\_\_ **APPOINTMENT TIME:** \_\_\_\_\_

***Please note, you should allow 1 hour for completion of this test.***

**PURPOSE:** An electrocardiogram (EKG) is a measurement of the electrical activity of your heart. It provides the cardiologist information about the rhythm of your heart and may also detect if any disease exists, such as old myocardial infarction or an enlargement of the heart. It is conducted while you lie on an exam table.

### **PROCEDURE:**

1. You will be asked to change to a gown with the opening in the front and removing all clothing from the waist up.
2. A highly trained technician will apply electrodes on your chest and attach the EKG leads to the electrodes. The EKG machine will record the electrical activity of your heart for about 1 minute and this will be recorded on a print out.
3. The results of your test will be carefully reviewed and interpreted by the Cardiologist.
4. Your referring/primary care physician will receive a complete report.

### **INSTRUCTIONS:**

1. It is important that you are on time for your test. If you need to cancel, please call: \_\_\_\_\_.
2. You may take your medications the day of the procedure with a small sip of water.
3. Please do not use body lotion on your chest area the day of the test.