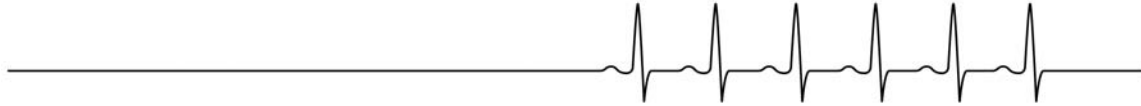


ELECTRICAL CARADIOVERSION PRE-PROCEDURE INSTRUCTIONS



Your doctor has ordered an Electrical Cardioversion, which is an attempt to restore normal heart rhythm with the use of electrical current. There are a few preparations you need to do before the procedure.

Preparations:

1. You will be asked to change into a hospital gown.
2. Glasses will need to be removed immediately before the procedure.
3. Dentures can usually remain in place.
4. We will remove nail polish from your finger nails.

Procedure:

1. An IV will be established and labs will be drawn, if necessary. You will then be connected to a monitor so your heart rate, heart rhythm and blood pressure can be observed throughout the procedure and during the recovery time.
2. We will also administer oxygen to ensure adequate oxygen levels.
3. You will be connected to a defibrillator monitor from which the electrical current will be delivered.
4. The anesthesiologist or nurse will then administer medication through the IV to make you drowsy. You will fall asleep for approximately 5 to 10 minutes.
5. After the procedure is completed, the patches will be removed and Hydrocortisone Cream will be applied to the chest.

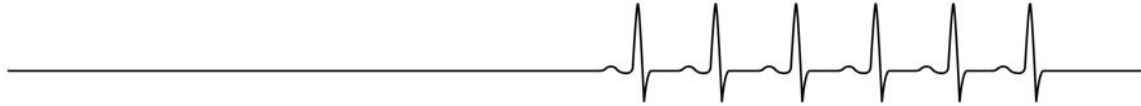
Notify your physician in you experience any of the following:

1. If any medications were added or dosage changed prior to the procedure.
2. If you experience any shortness of breath prior to or after the procedure.
3. If you experience excessive chest pain not relieved with Tylenol or Hydrocortisone Cream after the procedure.
4. If your heart rhythm becomes irregular or more rapid after the procedure.

Instructions:

1. You should not have anything to eat or drink after midnight the night before your procedure. You may take medications with sips of water and brush your teeth as usual.
2. Bring all your medications with you to the hospital.
3. The total time of the procedure is 2-1/2 hours. The procedure itself takes about 15 minutes. The remaining time is for preparation and recovery. When released, you **MUST** have someone drive you home.

ELECTRICAL CARADIOVERSION PRE-PROCEDURE INSTRUCTIONS



Symptoms and Post Procedure Instructions:

1. You will have a reddened area on your chest from the energy delivered through your chest wall. Hydrocortisone Cream is applied as soon as possible after your procedure. Reapply this 3 – 4 times daily until the burning sensation subsides. This may take 3 – 4 days.
2. You may use Extra Strength Tylenol 1 – 2 tablets every 4 – 6 hours as needed for pain.
3. Follow any discharge instructions from your physician.
4. You should have a PT/INR 1 week after your procedure. Please call and schedule this with your lab.
5. You may resume your regular diet.
6. You may return to work 24-hours after the procedure.
7. You **MUST** have someone drive you home after this procedure.
8. You should **NOT** drive for 24-hours after the procedure.
9. Do not handle power equipment the day of your procedure.